

# Available Support

Compass

[compass-uk.org](https://compass-uk.org)

Text BUZZ to 85258 for support and information or go to the compass website for further help.

For emotional wellbeing and bereavement support

## Young children, parents and carers:

Always call 999 in an emergency



- Wakefield Families Together - [youthhubcentral@wakefield.gov.uk](mailto:youthhubcentral@wakefield.gov.uk)
- Compass Wakefield - 01924 665093
- Child Bereavement UK - 0800 02 888 40 or [www.childbereavementuk.org/](http://www.childbereavementuk.org/)

## Support for children and young people:

- WF-I-Can - [wf-i-can.co.uk/o13/home/](http://wf-i-can.co.uk/o13/home/) - Leave a message on their website'
- Grief Encounter/ grief talk - 0808 802 0111 - Weekdays 9am-9pm
- Young Minds - [www.youngminds.org.uk/about-us/contact-us/](http://www.youngminds.org.uk/about-us/contact-us/) - fill in their contact form
- Papyrus - TEXT 07860 039967 or EMAIL [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)
- Hope Again - [hopeagain@cruse.org.uk](mailto:hopeagain@cruse.org.uk) free phone helpline on 0808 808 1677
- Winstons Wish - Support line 08088 020 021
- CAMHS - 01977 735 865
- Childline - Call 0800 1111 <https://www.childline.org.uk/>
- Compass - 01924 665093

## Support for young adults:

- Wakefield District Bereavement Support Service - Call 01977 781452 or Email [bereavement.pwh@nhs.net](mailto:bereavement.pwh@nhs.net)
- Turning Point - <https://www.turning-point.co.uk/get-support>
- Young Minds - [www.youngminds.org.uk/about-us/contact-us/](http://www.youngminds.org.uk/about-us/contact-us/) - fill in their contact form
- Papyrus - TEXT 07860 039967 or EMAIL [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)
- Samaritans - Call 116 123
- Sue Ryder Bereavement Support - 0808 164 4572 or Email us at [supportercare@sueryder.org](mailto:supportercare@sueryder.org)
- The Mix - contact our crisis messenger, text THEMIX to 85258.
- Andys man club - [info@andysmanclub.co.uk](mailto:info@andysmanclub.co.uk)

## Support when someone has died by suicide:

- Wakefield Postvention Service - [darren@ylc.org.uk](mailto:darren@ylc.org.uk) or [dave@ylc.org.uk](mailto:dave@ylc.org.uk) or telephone 07708471670
- Leeds suicide bereavement service - [www.leedssbs.org.uk](http://www.leedssbs.org.uk) or 0113 305 5800 (Leeds Mind reception)